Transport and Environment Committee

10:00am, Tuesday, 7 June 2016

Sustainable Transport Accreditation and Recognition for Schools (STARS) - Update and Future Proposals

Item number 7.2

Report number

Executive/routine Routine Wards All

Executive Summary

The purpose of this report is to update the Committee on the Sustainable Transport Accreditation and Recognition for Schools (STARS) project 2013-16 and seek approval for its continuation, after the end of the pilot project.

Links

Coalition Pledges P44

Council Priorities <u>CP1</u>, <u>CP4</u>
Single Outcome Agreement <u>SO3</u>, <u>SO4</u>



Report

Sustainable Transport Accreditation and Recognition for Schools (STARS) - Update and Future Proposals

1. Recommendations

- 1.1 It is recommended that the Committee:
 - 1.1.1 notes the progress made by schools participating in STARS in reducing car use, encouraging active travel and tackling road safety;
 - 1.1.2 approves the continuation of the STARS model for primary schools after the EU project ends in March 2016;
 - 1.1.3 approves an allocation of the road safety revenue and capital budget to support schools working towards accreditation; and
 - 1.1.4 requests an annual progress report, the first being in June 2017.

2. Background

- 1.2 The STARS project has delivered a behaviour change programme to increase the number of pupils cycling to and from school, who would previously have travelled by car.
- 1.3 It ran for three years until March 2016 and was supported and funded through the Intelligent Energy Europe programme.
- 1.4 The aim of STARS was two fold; firstly to support activities to increase walking and cycling levels in school and secondly to encourage schools to extend provision of road safety education in the curriculum.
- 1.5 A total of 13 partner cities and organisations were involved in the STARS consortium; eight implementation partners, namely Edinburgh, Bielefeld, Budapest, Krakow, Madrid, Milan, the London Borough of Hackney and the Province of Noord Brabant. Partner cities engaged with their schools to offer them a dedicated package of measures to help increase cycling levels and to work towards a common accreditation standard.

- 1.6 STARS involves the whole school community; pupils, staff, parents, volunteers and external partners, such as Sustrans' IBike team and Police Scotland.
- 1.7 The main activity in primary schools was an accreditation scheme, which focused on providing recognition for the work undertaken by the school community. Schools can work their way up an awards scale, from Bronze, Silver to Gold, depending on how many activities they are doing to promote cycling and walking and the mode shift they achieve. Levels are designed to reflect the increasing amounts of commitment needed from both the school and the local community. All these activities are recorded as part of a school travel action plan.
- 2.1 The project was enthusiastically welcomed by primary schools across the city, with many more signing up to take part than originally envisaged. The target was for 20 schools to participate during the project. A total of 41 schools had been signed up when the project ended in March 2016.
- 2.2 In the first two academic years of the scheme from 2013-15, one school, Nether Currie Primary School, achieved the Gold level, with four Silver level schools and eleven Bronze level.
- 2.3 A further 25 schools did not quite meet the criteria for Bronze and will continue working on the project to secure their award in 2016. Appendix 1 shows a list of participating schools.

3. Main report

- 3.1 The target set by the project was for 20 schools to participate in STARS over the two full academic years (2013-14 and 2014-15). At the end of the project, a total of 41 schools were participating.
- 3.2 There is a high level of desire from current STARS schools to continue participating in this accreditation scheme, so this report sets out the way forward to achieve this. The process is summarised in a flow chart (Appendix 2). New schools are also welcome to join STARS.
- 3.3 Each school has to register on the programme by signing a letter of commitment, selecting a co-ordinator and setting up a working group to oversee the progress of the project. The group should include pupils, staff, parents and local residents and will be guided by a member of the Council's Road Safety team.
- 3.4 The group will work together to produce an annual school travel action plan tailored to the needs and requirements of their school.
- 3.5 In order to develop the plan, questionnaires are sent out to pupils, parents and staff to find out how they currently travel to and from school, what would persuade them to change from the car to more active travel modes (if driven to school) and how safe they feel on the journey. It will also help to identify any issues and locations that can be improved to make the journey to school more pleasant and safe for all.

- 3.6 School traffic can also have an impact on the lives of residents living around the school, so by filling out the questionnaire they will be letting the school know how they are affected and any issues and suggestions they have that could improve the current situation.
- 3.7 The questionnaires are put on the Council's Consultation Hub with the option of a paper version if requested.
- 3.8 Using the information from the questionnaires, alongside feedback from focus groups, the plan is drafted, including aims, objectives, targets and a number of activities covering five main areas:
 - Core Elements;
 - Walking;
 - Cycling/Scooting;
 - Road Safety; and
 - Promotion and Publicity.
- 3.9 A sample action plan is included as Appendix 3.
- 3.10 Schools that are committed to the STARS initiative and have developed a school travel action plan will be offered more support and wider access to funding, resources, initiatives and services. STARS schools are encouraged to tackle road safety and active travel issues particular to their own situation on an ongoing basis. Road safety and active travel are embedded in the school ethos and there is less need for the Road Safety Team to react to problems.
- 3.11 Each year, in the summer term, action plans will be monitored and outcomes evaluated by the Road Safety Team. Schools will receive awards at relevant level.

4. Measures of success

- 4.1 Success will be measured through:
 - 4.1.1 increasing numbers of schools signing up, participating and gaining accreditation awards each year, and their progression from Bronze though to Gold:
 - 4.1.2 increased numbers of children walking and cycling to school; monitored through the annual Sustrans Hands Up Survey;
 - 4.1.3 a corresponding reduction in car trips as measured through the annual Sustrans Hands Up Survey; and
 - 4.1.4 increasing and continuing use of STARS accreditation toolkit, guidance and website to see continued modal shift from the car towards cycling (and other sustainable modes) with more schools reaching higher levels of accreditation

5. Financial impact

- 5.1 Funding of £8,000 will be allocated from the Road Safety revenue budget in 2016/17 to help schools with activities promoting cycling, walking and road safety as set out in Appendix 4
- 5.2 Funding of £50,000 will be allocated from the Road Safety capital budget in 2016/17 for the Safer Routes to School Challenge Fund to assist schools with any minor road safety engineering works in the vicinity of the school e.g. crossing points, new footways and cycle paths, signing and lining and guardrail across pedestrian accesses.

6. Risk, policy, compliance and governance impact

- 6.1 The principal risks associated with this initiative are summarised as:
 - 6.1.1 Reduce schools operating in a vacuum and following their own path with reference to road safety education. Schools will benefit from having a template to follow with regard to promoting STARS in their school. They will have a menu of activities to engage in that will bring accreditation levels from Bronze to Gold.
 - 6.1.2 Schools do not write their own activity plan to tackle specific problems, such as congestion at the school gates themselves, so increase the risk of staff having to intervene on a piecemeal basis rather than the co-ordinated approach offered by STARS.
 - 6.1.3 No change in parental behaviour in moving from the car to walking and cycling, so perpetuating the negative impact on the lives of local residents through congestion and inconsiderate parking.
 - 6.1.4 The recommendations in the report are expected to assist in the delivery of the Council's Road Safety and Active Travel Action Plans (2010-2020) and to make progress towards achieving the targets they contain. They are also complementary to a number of other Council policies, including the Transport 2030 Vision, the Sustainable Travel Plan and the Open Space Strategy.

7. Equalities impact

7.1 An Equalities and Rights Impact Assessment has been undertaken in parallel with the project. Consideration has been given to the relevance of the Equalities Act 2010 and there is no infringement of rights or impact on duties under this Act.

- 7.2 The main positive impacts on rights are Life, Health and Physical Security. There are no negative impacts on rights as a result of this report. There are positive impacts on Health through increased walking and cycling levels.
- 7.3 Participation, Influence and Voice: The school travel action plans will be subject to a neighbourhood consultation process enabling the whole community to participate and influence the activities in the final plan.

8. Sustainability impact

8.1 The impacts of this report have been considered in relation to the three elements of the Climate Change (Scotland) Act 2009 Public Bodies Duties. The proposals in this report will reduce carbon emissions, increase the city's resilience to climate change and help achieve a sustainable Edinburgh by reducing the number of vehicles and congestion outside school gates and encouraging pupils to walk or cycle to school.

9. Consultation and engagement

- 9.1 The school travel action plans for individual schools will be subject to a neighbourhood consultation process permitting pupils, parents/carers, staff and local residents to participate in decision-making and make choices affecting how children travel to and from school and the impact their travel patterns have on the lives of local residents.
- 9.2 The views of different users will be gathered through a series of questionnaires on the Council's Consultation Hub. This information will be used to develop initiatives in the action plan.

10. Background reading/external references

10.1 http://starseurope.org.

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11. Links

Coalition Pledges	P44 Prioritise keeping our streets clean and attractive.
Council Priorities	CP1 - Children and young people fulfil their potential
	CP4 - Safe and empowered communities
Single Outcome Agreement	SO3 - Edinburgh's children and young people enjoy their childhood and fulfil their potential
	SO4 - Edinburgh's communities are safer and have improved physical and social fabric.
Appendices	Appendix 1 - List of participating schools
	Appendix 2 - Flowchart of STARS accreditation process
	Appendix 3 - Sample Action Plan
	Appendix 4 - Table of STARS activities

Appendix 1 – Schools participating in STARS scheme (March 2016)

Gold Award

Nether Currie

Silver Award

Cramond

Duddingston

Oxgangs

St Mary's Edinburgh

Bronze Award

Abbeyhill

St John's RC

Blackhall

Bonaly

Broomhouse

Buckstone

Clermiston

Davidsons Mains

Ferryhill

Royal Mile

Towerbank

Working towards

Broomhouse

Carrick Knowe

Colinton

Craigour Park

Craigentinny

Currie

Flora Stevensons

Fox Covert

Fox Covert RC

Gilmerton

Gylemuir

Hermitage Park

Juniper Green

Liberton

Lorne

Prestonfield

Sciennes

StJoseph's RC

St Peter's RC

Stenhouse

Stockbridge

The Edinburgh Steiner

Trinity

Victoria

Wardie

Accreditation Framework for schools taking part in STARS

Schools sign up to take part in STARS and have an initial meeting with CEC STARS Advisor and sign letter of commitment to take part



Schools establish an Active Travel working group - this can include pupils, parents, staff and the wider community



Schools carry out survey to determine problem areas in association with STARS Advisor



Schools develop their Activity Plan to promote active travel for pupils, parents and staff



Schools carry out activities and report back to STARS Advisor on these and modal shift in January and June



STARS Advisor carries out accreditation on achievements and schools are awarded with Bronze, Silver or Gold at annual JRSO event in September



Schools continue to work towards Gold level

SAMPLE ACTION PLAN

Edinburgh Primary School

February 2016 – January 2017

Our action plan is in two parts

- 1. Main Targets that measure our success in reaching our School Travel Plan Objectives
- 2 Actions and Initiatives planned to help us work towards our objectives



1 Main Targets

Objective	Target	Target Date	Progress
Summary of the Objectives	Summary of Targets	Target Date for completion	
	Each objective must have a Specific, Measurable, Achievable and Realistic target.	Each objective must be T ime bound	Space to make notes on progress, barriers that led to a target not being achieved and any new approaches identified as a result.
1 Reduce car usage on the school run	Reduction of 5% in number of pupils travelling by car compared to 2015 Hands Up data	Hands Up survey September 2016	
2 Increase level of walking to school	Increase by 5% number of pupils walking to school compared to 2015 Hands Up data	Hands Up survey September 2016	
3 Support the promotion of healthy, safe and sustainable travel choices	Minimum of 50% of pupils participate in Walk to School Weeks	May & Oct 2016	School submits SRTS funding bid April16; awarded £200
4.Improve infrastructure around the school	Provide new footpath link to Greenover estate	New footpath link to be constructed by December 2016	School submits SRTS funding bid April16; awarded £15,000

2 Actions and Initiatives

(It is a good idea to create an action plan table for EACH of your STP objectives)

OBJECTIVE: Eg 1 Reduce car usage on the school run

TARGET: Eg Reduction of 5% in number of pupils travelling by car compared to 2015 Hands Up data

Proposed Actions	Milestone Tasks	Responsible Person	Other Partners	Target Date	Resources -Cost & Funding Source	Success Indicators (how you can demonstrate that an action is complete)
For example	For example	For example	For example	For example	For example	For example
Run ParkSmart Campaigns	Run competition to design banner. Order banners & leaflets	Mrs Findlay, Depute Head	CEC Road Safety team Community Police	Feb 16 March 16	2x banners (£200 school funds) Leaflets (free CEC RS)	Hands Up survey in 2016 shows 5% reduction compared to 2015
	Run campaigns for 2 weeks		Parking Attendants	May & Sept16		

OBJECTIVE: Eg 2 Increase level of walking to school

TARGET: Eg Increase by 5% number of pupils walking to school compared to 2015 Hands Up data

Proposed Actions	Milestone Tasks	Responsible Person	Other Partners	Target Date	Resources -Cost & Funding Source	Success Indicators
Set up Walking Bus	Contact CEC RS for advice & support	Parent Council	CEC Road Safety team	Feb 16	20+ pupils hi-vis vests, 2 adult vests (£100 bid to SRTS	Two Walking Buses established running morning
	Identify possible routes Recruit volunteers			March 16	Challenge fund)	and afternoon At least 20 pupils using daily
	Funding bid for equipment			April 16		doming damy
	Launch Bus			May 16		

OBJECTIVE: Eg 3 Support the promotion of healthy, safe and sustainable travel choices

TARGET: Eg Minimum of 50% of pupils participate in Walk to School Weeks

Proposed	Milestone Tasks	Responsible	Other Partners	Target Date	Resources -Cost &	Success
Actions		Person			Funding Source	Indicators
Participate in Walk	Structure activities	The Head Teacher	CEC Road Safety	2 campaigns in	W2SW resources	Campaign run
to School Week	into curriculum		team	2016	(£200 bid to SRTS	May & Oct16
	Obtain W2SW				Challenge fund)	,
	resources				School website	
	Publicise to parents				/Twitter account	
	Reward pupils				(free)	

OBJECTIVE: Eg 4.Improve infrastructure around the school

TARGET: Eg New footpath link to be constructed by December 2016

Proposed Actions	Milestone Tasks	Responsible Person	Other Partners	Target Date	Resources -Cost & Funding Source	Success Indicators
Provide new footpath link to Greenover	Arrange site visit with CEC RS Engineer	The Head Teacher	CEC Road Safety team	Feb16	bid to SRTS Challenge fund for £15,000	Increase number of pupils now walking & cycling
estate, including safe crossing facility.	Produce draft plans of options	CEC RS Engineer		April 16		to school on path rather than by car
	Consult parents /local residents on options-information evening	The Head Teacher	CEC RS team /Community Council /community police	April 16		
	Detailed design and construction of path	CEC RS Engineer	CEC RS team	Sept 16		
	Host opening event	The Head Teacher		Oct 16		

Appendix 4

Table of STARS activities

Activity	What is it?	Who
Core Elements		
Hands Up Survey	The annual travel survey takes place every September. Every child in each year group is asked how they travel to school and how they would prefer to travel to school. This is administered via hands up survey in class and results are recorded and sent to Sustrans as part of the national survey.	Whole school
Safer Routes to School Challenge Fund	This funding is available to schools with a school travel action plan, for engineering measures and promotional and publicity materials. Funding is allocated on an annual basis.	Headteacher & Parent Council
Walking		
Kerbcraft pedestrian training	The programme is designed to equip children with the skills and knowledge required to ensure their safety as pedestrians. It is run by a team of volunteers, trained by RS team. It builds upon practical pedestrian training skills in choosing safe places and routes to cross the road, and crossing safely at parked cars and junctions.	P2
Traffic trails	Led walk on route in vicinity of school to help pupils identify safe places to cross and road safety knowledge	P3-4
WOW-Walk Once a Week	This is an incentive scheme that rewards children for active* travel on the journey to school (*Walking, Scooting, Cycling, Park and Stride and Public Transport). Pupils record their mode of travel each day and are rewarded with badges when they achieve a set amount of active travel journeys in a half term period.	Parents &pupils
Walk to School Weeks	This week-long activity encourages students to walk to school every day for the week, with rewards for all those who participate.	Parents &pupils
Park & Stride	This scheme is designed to encourage parents who to drive their children to school to park away from the school gates and walk the remainder of the journey. Schools identify quiet streets or a car park, such as a supermarket, church or leisure centre, within a 5-15 minute walk of the school. After obtaining permission from the land owner for parents to use the car park, it is promoted as a Park & Stride site.	Parents &pupils
Walking Bus	A walking bus is an organised group of children walking a pre-determined route to school supported by adult volunteers. This activity takes place on a regular basis. It is a formal activity which requires: a co-ordinator, supported by volunteers to operate it on a rota basis, parents to register their children to travel on it and a timetable showing when and where it will be stopping.	Parents & pupils
Cycling & Scooting		
Scooterbility scooter training	The aim of the programme is to use the scooters as a fun and active way to learn and reinforce basic pedestrian safety messages. The programme is broken down into activities which encourage active travel and help develop skills such as steering, stopping and balancing.	P 1-3
Bikeability cycle training	This is the national cycle training delivered in 3 levels –in the playground, on road & advanced on road	P4-7
Bike maintenance sessions	This is a one-off session on bike maintenance lasting between 30 minutes -1 hour and is best run with a maximum group size of 12. Sessions can be run outdoors or indoors dependent upon weather. Ideally, pupils bring in their own bikes and learn how to check them over as part of the session	P5-7
Cycle & scooter parking	Match funding is available through Sustrans for installation of cycle and scooter parking in school grounds	Headteacher & Parent Council

Road Safety			
R S Education in the	Schools have a range of learning resources	s produced by Road Safety Scotland for use with pre-school, primary and	Nursery- P7
curriculum	pupils with additional learning needs. These resources are linked to Curriculum for Excellence, making it easy for		
	teachers to incorporate road safety learning	g into the classroom. Main resources are Go Safe with Ziggy (Nursery -	
	P1) and Streetsense2 (P1-7). RSS also pro	ovide Theatre in Education productions	
Junior Road Safety	The aim of the JRSO scheme is to empower	er children to highlight road safety issues within their school. Schools	P6-7
Officers	appoint two senior pupils to become JRSO	s usually for a one year period. Their role is to maintain a road safety	
	noticeboard, deliver presentations to classe	es or assemblies, and run road safety competitions. The RS team	
	supports the JRSOs by providing monthly by	pulletins on relevant themes, like Be Safe, Be Seen and seatbelts	
Transition to High	Activities carried out with pupils before they	move on from primary to high schools, including journey planning, using	P7
School	public transport, coping with peer pressure	and led rides to show routes to new high school	
Publicity & Promotion			
ParkSmart campaigns	A promotion campaign to encourage driver	s to park considerately and not on the School Keep clear zig zags,	Parents
	includes leaflets, banners and publicity mat	erials	&Carers
School Streets	The aim is to reduce congestion around so	nool gates and so encourage more pupils to walk and cycle. This	Whole school
	currently is a pilot project at 9 primary scho	ols to March 2017, where traffic is banned from streets around schools	& local
	at beginning and end of school day		residents
Road Safety Campaigns	Throughout the academic year there will be regional or national campaigns	e various opportunities for schools to take part in one or more local,	Whole School
Parental Engagement &	Engaging with parents/carers to help launce	h, promote and encourage participation with the overall programme.	Headteacher &
Publicity	Some methods of engagement could include	de:	Parent Council
	Leaflets	Newsletters	
	Website (StreetsAhead Edinburgh and	Letters	
	School)		
	Events	Parents evenings	
	New parent induction meetings	Notice boards	